

25 November 2014

BCSSA is pleased to welcome **Ariana VanDerStarre** to TEAM BC LT for the 2015 Canada Winter Games. Ariana (Burnaby) will be the Long Track Coach at the Games, joining LT Manager Richard Stickel (Fort St John).

Ariana is an NCCP Level III Certified Coach with 30 years of coaching history. She brings a wealth of long track coaching experience to the TEAM BC LT Coaches, including Team BCSSA Coach at numerous national championships and Canada Cups. Ariana has previously been a member of TEAM BC for the 1999, 2003 and 2007 Canada Winter Games and currently coaches a group of skaters in the Burnaby Haida Speed Skating Club.

Ariana will be present at the TEAM BC LT Selection Trials in Fort St John this upcoming weekend. Both Ariana and Richard will also meet virtually with the skaters selected to TEAM BC LT to review each skater's goals and needs leading up to the 2015 CWG.

Any questions regarding the Canada Winter Games Prep Program, including the TEAM BC CWG Coaches, should be directed to the BCSSA Technical Director (christina.acton@live.com).

Once again, a warm welcome to Ariana!

Sincerely,



Chris Acton
BCSSA Technical Director
christina.acton@live.com

PARTNERS

