



BCSSA Officials Development Committee Bulletin 2015-2016 Season

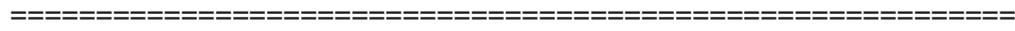
July 2015

BCSSA - ODC members:

- Stuart Gibbs, BCSSA ODC Chair, Southern BC region, International (W) ST Referee, Far West representative SSC ODC
- Wim Kok, BCSSA ODC, Vice Chair, Northern BC region, International LT Referee
- Candace Clouthier, BCSSA ODC, Northern BC region, 3B Starter
- Bill Kempers, BCSSA ODC, Southern BC region, 3A Starter



Please contact BCSSA ODC at: officials.development.committee@gmail.com



In this addition

- Upgrades from the 2014-2015 season
- Ritha Johnson Official of the Year Award 2014-2015 season
- New Yellow Card Policy for the 2015-2016 season
- New Concussion Policy for the 2015-2016 season
- New Start Rule for the 2015-2016 season
- ODC Assigned Officials Information to clubs and individuals
- Website information

PARTNERS



CANADA





BCSSA ODC Officials Upgrades for 2014-2015 Season

New Level 1 Officials

Sarah Lazaruk, Place Judge, Vanderhoof
Tony Hanson, Place Judge, Vanderhoof
Tony Benn, Referee, Vernon
Mary DeBakker, Timer, Kelowna
Chris Rubuliak, Heat Box Steward, Kelowna
Andrew Sadegar, Starter, Kamloops
Laura Rusnjak, Heat Box Steward, Vanderhoof
Sara Hara, Timer, Vanderhoof
Palma Vasarhelyi, Timer, Ft St John
Susie Keeler, Place Judge, Ft St John
James Gu, Place Judge, Kamloops
Wade Turner, Track Steward, Kamloops
Dana Coulter, Lap Counter, Kamloops
Michelle Graf, Heat Box Steward, Kamloops
Rebecca Meeks, Place Judge, Timer, Recorder, Coordinator, Lap Counter, Langley
Gavin Coyne, Referee, Kamloops
Trevor Rasmussen, Meet Coordinator, Vernon
Ian Stewart, Lap Counter, Vernon
Diana Hall, Place Judge, Vernon
Tracy Eddy, Heat Box Steward, Vernon
Hugh Wilson-Murray, Timer, Vernon
Celeste Rasmussen, Place Judge, Vernon
Julie Boyle, Place Judge, Vernon
Amber Moores, Timer, Vernon
Andrew Smit, Timer, Vernon
Andrew Morieria, Announcer, Vernon
Dave Walsh, Referee, Kelowna
Jessica Seely, Meet Coordinator, Vanderhoof
Vince Sewell, Referee, Vanderhoof
Sarah Ebert, Recorder, Vanderhoof
Sara McBride, Starter, Vanderhoof
John Baker, Starter, Vanderhoof
Kathy Lewis, Place Judge, Prince George
Ronda Kingsley, Timer, Vanderhoof
Lisa Prestmo, Timer, Vanderhoof
Salli Chadwick, Timer, Vanderhoof
Heather Campbell-Stewart, Timer, Vanderhoof



Sandra Sulyma, Timer, Ft St James
Lachlan Fantillo, Timer, Vanderhoof
Heather Cross, Announcer, Vanderhoof
Jim McBride, Track Steward, Vanderhoof
Janet Neufeld, Track Steward, Vanderhoof
Paul Woolnough, Track Steward, Vanderhoof
Jeremy Seely, Track Steward, Vanderhoof
Zeph Raymond, Track Steward, Vanderhoof
Ken Johnson, Timer electronic, Ft St John
Bailey Vandermeer, Timer electronic, Ft St John
Rada Rebic, Place Judge, Burnaby
Chris Gibson, Recorder, Burnaby
Tom Sharp, Starter, Burnaby
Bryan Leon, Track Steward, Burnaby
Yuko Kiuchi, Place Judge, Burnaby
Andrea MacIntosh, Heat Box Steward, Place Judge, Burnaby
Paul Hoffman, Place Judge, Burnaby
Noris Monsalve, Timer, Meet Coordinator, Burnaby
David Wagner, Place Judge, Timer, Burnaby
Grace Shuai, Place Judge, Burnaby
Elizabeth Wang, Heat Box Steward, Burnaby
Ron Herold, Timer, Burnaby
Meggie Yang, Lap Counter, Burnaby
Kiersten Hagen, Place Judge, Burnaby
Jenny Liu, Timer, Burnaby
Yinghui Shao (Shelley), Place Judge, Burnaby
Simon Kan, Timer, Burnaby
Dan Harney, Track Steward, Burnaby
Yoko Beriault, Place Judge, Burnaby
Wes Wong, Timer, Burnaby
Maria Demishkevich, Timer, Recorder, Kamloops LB
Rebecca Smith, Track Steward, Kelowna
Claudia Bullington, Place Judge, Timer, Recorder, Richmond
Janet Lakusta, Recorder, Richmond
Ariadne Holness de Hiller, Announcer, Prince George
Donna Mah, Meet Coordinator, Richmond
Jian Wu, Place Judge, Prince George
Natalie Kirkwood, Timer, Recorder, Vernon
Trina Isobe, Timer, Recorder, Vernon
Karen Benn, Timer, Recorder, Vernon
Ishar Litt, Place Judge, Timer, Kamloops



Tara Doern, Place Judge, Timer, Kamloops
Darryl Doern, Place Judge, Timer, Kamloops
Debra Sewell, Recorder, Vanderhoof
Stuart Yanow, Timer, Kelowna
Laura Carr, Timer, Kelowna
Sandra Hlina, Place Judge, Timer, Recorder Lap Counter, Salmon Arm
Kevin Isaac, Track Steward, Place Judge, Recorder, Lap Counter, Salmon Arm
Stacey Bradbury, Timer, Kelowna
Ivor Norlin, Track Steward, Place Judge, Timer, Lap Counter, Salmon Arm
Xenia Herold, Place Judge, Timer, Burnaby
Nancy Villeneuve, Recorder, Burnaby
Dave Hart, Timer, Burnaby
Theresa Smedley, Announcer, Prince George
Tymen Brigden, Timer electronic, Ft St John
Bruce Hlina, Track Steward, Place Judge, Timer, Lap Counter, Salmon Arm

Provincial Level 2 Officials

Mel Chizawsky, Timer electronic, Matsqui
Curtis Neville, Place Judge, Kamloops
Calvin Desmarais, Meet Coordinator, Vanderhoof
Alison Leach, Meet Coordinator, Ft St James
Chris Acton, Place Judge, Kelowna
Robert Thomas, Place Judge, Kamloops
Mackenzie Neville, Track Steward, Kamloops
Brian Cole, Starter, Track Steward, Prince George
Alison Desmarais, Lap Counter, Vanderhoof
Tina Peters, Recorder, Ft St John
Rick Newlove, Timer, Ft St John
Dan Harney, Track Steward, Burnaby
Elena Thomas, starter, Prince George
Gerrit VanRensburg, Track Steward, Prince George
Lucas Hiller, Track Steward, Prince George
Russ Macdonald, Track Steward, Ft St James
Robert Thew, Place Judge, Prince George
Sue Macdonald, Place Judge, Prince George
Kristi Young, Place Judge, Prince George
Wendy Hudyma, Timer, Prince George
Bill Hudyma, Timer, Prince George
Julie Desmarais, Timer, Prince George
Philip Shrimpton, Track Steward, Prince George
Madison Pilling, Timer, Prince George



Julie Shrimpton, Timer, Prince George
Chris Budac, Timer Prince George
Leslie Budac, Timer, Prince George
Larry Hewitt, Timer electronic, Prince George
Brian Martinson, Timer electronic, Prince George
Dustin Hudyma, Timer electronic, Prince George

SSC Level 3 Officials

Marc Legros, Referee 3b, Independent
Andrew Reith, Referee 3b, Kamloops
Darren Guliov, Track Steward, Ft St John
Candy Clouthier, Starter, 3a, Dawson Creek

Congratulations to ALL the new level one, two & three officials!

BCSSA Certified Officials List

ODC does their best to make sure that the official's list on the website is up to date.

If you notice any errors please e-mail BCSSA ODC so we can help correct the issue.

If you notice that your name was not on the above list and yet you submitted an application for an upgrade please e-mail ODC for an explanation.

A separate list of certified officials with individual contact information is e-mailed at the start of the season to all Meet Coordinators.



Ritha Johnson Official of the Year Award

This season the award goes to Ariadne Holness de Hiller!

Ariadne has been involved in speed skating for more than 10 years, and has stood out as an exceptional volunteer since the beginning.

Although she has been involved as a volunteer in many capacities, this nomination is focusing on her outstanding contribution as a meet coordinator, for her club (the Prince George Blizzards), for her province, for Speed Skating Canada, and for the Canada Winter Games.

She has been the club's meet coordinator for several years and what has truly been impressive is her commitment to making the athlete's experience the best it can be regardless of the level of meet. She tailors the organization to meet the needs of the youngest skaters (e.g. bringing in Santa at our regional meet, ensuring young skaters have a chance to watch and mingle with older accomplished skaters) and the needs of high performance athletes (e.g. her development of a comprehensive safety protocol, ensuring adequate food and water are in change rooms, putting together useful athlete "goody" bags).

The year 2014/2015 was truly remarkable in terms of Ariadne's accomplishments. She coordinated a regional meet (Central Interior Challenge) together with the Nanguz Cup (for young skaters) and the selections for the BC Team for the Canada Winter Games. It was an incredible effort to pull off essentially 3 meets in one and even more challenging given that the club had not been in the new Kin 1 arena for very long, and there were many issues (e.g. wiring for the electronic timing, platform for timers and place judges) that had to be worked out ahead of time.

For these meets, her guiding principle was "nothing but the best" in terms of the duty of care given to organization of officials. Officials close to the ice have heated bean bags delivered to keep us warm, signage for access to official areas is clear and professionally done, officials have appropriate identification and are clearly valued. These are just a few examples of the attention to detail that Ariadne brings to every meet. She also took a lead role in coordinating the BC Longtrack Championships which was a shared responsibility with two other clubs.

Then of course there was the Canada Winter Games, where Ariadne played a lead role in the year (or more) leading up to the Games and during the Games themselves. Ariadne was the sport lead for short track speed skating, and really rose to the occasion. I heard nothing but positive comments on how smoothly and professionally the short track events were run. Of course some of the success is due to the efforts of many other people, but Ariadne provided the framework and built the relationships necessary for success, and was tireless in her work to ensure a legacy remained from the Games. That legacy includes a level 4 mat system which her club has been able to use for several high level meets (which Ariadne coordinated) in addition to the ones mentioned above. It also includes a sophisticated electronic timing system that has been and will be used by other speed skating clubs in our region and by BC Summer Games.

Everything Ariadne does is of high quality and is well organized. Her bid packages for meets are comprehensive and professional in appearance. She develops a budget and tracks expenditures for each meet and is committed to ensuring that meets are revenue neutral, thereby not harming the club's finances and keeping costs as low as possible for participants. Despite being run off her feet with her volunteer activities, an active family and a demanding job, Ariadne maintains a positive,



cheerful attitude for which she is renowned. She is welcoming with new members and encourages young skaters.

Ariadne has had tremendous impact on her club, her provincial branch and on speed skating in general.

Summary:

1. Ariadne's high quality of work and commitment & attention to detail has made a name for the ability of her club (and surrounding clubs) to put on high quality meets. She is all about spreading the knowledge, and helping others enact the high standards she personifies. All meets she contributes to benefit from her learning and experience. Our province is blessed by her reliability and her contributions.

2. Ariadne's positive and welcoming attitude has helped us to attract and maintain members in the club. In all the things she is involved in athletes, volunteers, media, city personnel, arena staff, all end up feeling they have been a part of the success of her events.

Ariadne is also a:

Level 3 Meet Coordinator

Level 1 Timer

Level 1 Place Judge

Level 1 Recorder

Level 1 Announcer

Ariadne was awarded the Diamond Jubilee Medal this year for her long involvement as a volunteer in sport in British Columbia. Premier Christy Clark recognized Ariadne as **"a pillar in our community". "We find Ariadne's leadership inspirational" said the Premier. "And this medal is a symbol of our gratitude."**

Ariadne was also awarded the Officials Award of Excellence from Speed Skating Canada this year.



Ariadne receiving her diamond jubilee medal from Premier Christy Clark



Ariadne receiving her SSC award from Roger Cole SSC ODC Chairperson

**Congratulations on your awards Ariadne.
You deserve the recognition!**



Yellow Card Policy

A new yellow card policy was ratified by the BCSSA Board and presented at the 2015 BCSSA AGM. The policy will be implemented at the start of the 2015-2016 season. Here is the final yellow card policy:

Date: August, 2014 Amended May 6th, 2015

To: Referees and Starters

From: BCSSA Officials Development Committee

Re: Yellow Card Memo

This Yellow Card policy applies to all skaters age 14 and older as of July 1st prior to the event. (Junior C2 and up):

1. Any skater who is shown a yellow card during a race in a competition will receive a penalty within that race. (ISU racing rule 297, page 117 (5) ii, Yellow Card.) The skater will forfeit prior points/results accrued in all races over the distance concerned (if any). Points/results accrued prior to that distance will not be affected. Any skater who has received a yellow card in a non-point competition such as an interclub will miss the next round of racing.
2. Any Skater who is shown a yellow card twice in the same competition will (a) be sanctioned by a Red Card; (b) be excluded from the competition immediately; and (c) not be ranked in the final classification. (ISU racing rule 297, page 117 (5) ii, Yellow Card).
3. If a second yellow card is shown to the same skater throughout the same skating season, that skater will (a) immediately be removed from the second competition in which the card was shown, and (b) forfeit all points earned in that competition.
4. If a third yellow card is shown to the same skater in the same season the skater will (a) immediately be removed from the competition in which the card was shown, (b) forfeit all points earned in that competition and (c) all of that skater's recorded times will be removed from the protocol for that competition.
5. Any yellow card issued in any province or territory of Canada in the same skating season will be treated the same as having received a yellow card in British Columbia in the same season.
6. All yellow cards must be reported to BCSSA ODC along with details of the competition and of the infringement including skaters name, age, and skater number.
7. A list of yellow carded skaters will be kept at ODC/BCSSA Office for the skating season. At the end of the skating season this list will be deleted. The Chief Referee of the meet will advise ODC if any yellow cards were shown at the meet. A member of BCSSA ODC will advise the office of the yellow card.
8. If a skater receives 2 or more Yellow Cards during the season, BCSSA ODC will contact the Coaching Committee Chair. The Coaching Committee Chair will contact the skater's coach who will discuss its ramifications for the skater.



Concussion Policy

A new BCSSA concussion policy was ratified by the Board in May and brought to the AGM for discussion and suggestions. The concussion policy will be in effect at the start of the 2015-2016 season. The medical protocol has been updated to reflect the new policy. The concussion protocol can be viewed on the BCSSA website:

<http://www.speed-skating.bc.ca/about/safety/>

The following related documents are found on this web page as well. Use the link or Select <About> from the main menu then <Safety> from the dropdowns. Scroll down the page and you will find:

- Medical Requirements
- EAP Template
- Concussion Protocol
- Concussion Recognition Tool
- Suspected concussion form
- SSC Return to Play Guide

BCSSA Concussion Protocol

Medical Personnel:

The term "medical personnel" within this document shall refer to a level 3 occupational first aid attendant or a person with equivalent or higher training. Only personnel with a level 3 occupational first aid attendant training or higher training or equivalent first aid training shall be called "medical personnel" within this document. The medical personnel must have the SCAT3 training (or equivalent) for concussion evaluation and assessment at the field of play.

Concussions

A Concussion is a brain injury and is defined as a complex pathophysiological process affecting the brain, induced by biomechanical forces. Several common features that incorporate clinical, pathologic and biomechanical injury constructs that may be utilised in defining the nature of a concussive head injury include:

1. Concussion may be caused either by a direct blow to the head, face, neck or elsewhere on the body with an 'impulsive' force transmitted to the head.



2. Concussion typically results in the rapid onset of short-lived impairment of neurological function that resolves spontaneously. However, in some cases, symptoms and signs may evolve over a number of minutes to hours.
3. Concussion may result in neuropathological changes, but the acute clinical symptoms largely reflect a functional disturbance rather than a structural injury and, as such, no abnormality is seen on standard structural neuroimaging studies.
4. Concussion results in a graded set of clinical symptoms that may or may not involve loss of consciousness. Resolution of the clinical and cognitive symptoms typically follows a sequential course. However, it is important to note that in some cases symptoms may be prolonged.

Diagnosis of a concussion

The diagnosis of acute concussion usually involves the assessment of a range of domains including clinical symptoms, physical signs, cognitive impairment, neurobehavioral features. The suspected diagnosis of concussion can include one or more of the following clinical domains:

1. Symptoms—somatic (e.g., headache), cognitive (e.g., feeling like in a fog) and/or emotional symptoms (e.g., lability)
2. Physical signs (e.g., loss of consciousness (LOC), amnesia)
3. Behavioral changes (e.g., irritability)
4. Cognitive impairment (e.g., slowed reaction times)

If any one or more of these components are present, a concussion should be suspected and the appropriate management strategy instituted.

On-field or sideline evaluation of acute concussion

When a skater shows **ANY** features of a concussion:

1. The skater should be evaluated by the medical personnel (the medical personnel definition will be determined by the British Columbia Speed Skating Association (BCSSA) Medical Requirements/Protocol for Speedskating Events in BC, using standard emergency management principles and particular attention should be given to excluding a cervical spine injury.
2. The appropriate disposition of the skater must be determined by the treating medical personnel in a timely manner. If no healthcare provider is available, the skater should be safely removed from practice or play and urgent referral to a physician arranged.
3. Once the first aid issues are addressed, an assessment of the concussive injury should be made using the SCAT3 or other sideline assessment tools.
4. The skater should not be left alone following the injury and serial monitoring for deterioration is essential over the initial few hours following injury.
5. A skater with a possible diagnosed concussion or suspected concussion **will** not be allowed to Return to Play (RTP) on the day of injury.

Return to play

It is not within the scope of this document to outline the RTP for an athlete. Please see a physician for RTP.

After Field of Play Concussion evaluation

If a concussion is suspected by the medical personnel after the field of play evaluation for concussion. The skater will be removed from the meet. There must be a proper evaluation by a physician or other medical personnel trained in concussion protocols. The skater will not be allowed to return to the meet unless a physician's note clearing the skater for RTP has been obtained.



If a suspected concussion has been ruled out by the medical personnel the skater may return immediately to active participation in the meet.

Who can evaluate concussions at the field of play?

Concussions will be evaluated by the medical personnel as determined by the British Columbia Speed Skating Association (BCSSA) Medical Requirements/Protocol for Speedskating Events in BC. The medical personnel will not be a coach or an official of the meet.

On Ice Officials

It is not the job of the on ice officials to determine if the skater has a concussion. Concussions can be complex to determine and can be screened by certain tests performed at the field of play by qualified medical personnel (the medical personnel definition will be determined by the British Columbia Speed Skating Association (BCSSA) Medical Requirements/Protocol for Speedskating Events in BC. However on ice officials are recommended to obtain knowledge in ascertaining if someone may have a concussion after an on ice event/accident.

On Ice Concussion Protocol for Officials

Here are some examples as to what protocol should occur after an on ice event/accident:

- i. Skater falls into the corner by him/herself with little or no impact. Skater gets up with no incident and skates to the finish line. Referee blows the whistle, end of race
- ii. Skater falls with many other skaters into the mats. Skater gets up with no incident and skates to the finish line. Referee blows the whistle, end of race.
- iii. Skater falls and smacks their head/helmet on the ice. Skater gets up slowly and skates to the finish line. Referee blows the whistle, end of race. Referee asks the skater to be seen by the medical personnel after the race. Off ice concussion evaluation.
- iv. Skater falls with significant impact into the mats, the head/neck is seen to whip into the mats. The skater gets up and shakes their head several times and finishes the race. Race is not blown down. Referee blows the whistle, end of race. Skater is asked to be seen by the medical personnel after the race. Off ice concussion evaluation.
- v. Skaters have a heavy fall and takes 3 skaters into the mats, two skaters land head first. The referee calls the race for "safety". The ref asks;" How do you both feel?" they say fine. The race starts right away. Race finishes referee blows the whistle, end of race. After the race the referee asks the two skaters to be seen by the medical personnel. Off ice concussion evaluation.
- vi. A skater takes a fall into the mats and whacks their head on the ice, the race is called for injury. The skater is escorted off the ice. The medical personnel are asked to see the skater immediately. Off ice concussion evaluation.
- vii. A skater is seen to take a heavy fall into the mats. The skater is seen to stagger to their skates and stumbles around on the ice. The race should be called for injury. The skater is escorted off the ice. The skater is seen by the medical personnel immediately. Off ice concussion evaluation.



Citations

1. Red Book SSC 2014
2. ISU Special Regulations & Technical Rules, ST Speed Skating 2014
3. ISU Constitution and General Regulations 2014
4. FVPQ Competition Medical Protocol 2013-2014 (Translated from French)
5. <http://www2.worksafebc.com/Publications/OHSRegulation/WCBStandards.asp?ReportID=33295>
6. WCB Standard OFA1: Certification of Occupational First Aid Attendants Issued March 30, 2004; Revised November 1, 2004; Revised January 1, 2010
7. <http://www2.worksafebc.com/Publications/OHSRegulation/Part3.asp>
8. <http://www.speedskating.ca/resources/safety/concussions-brain-injuries>
9. <http://www.parachutecanada.org/thinkfirstcanada>
10. Consensus statement on concussion in sport: the 4th International Conference on Concussion in Sport held in Zurich, November 2012; McCrory P, et al. *Br J Sports Med* 2013;47:250-258. doi:10.1136/bjsports-2013-092313
11. British Journal of Sports medicine: <http://bjsm.bmi.com/>
12. American Medical Society for Sports Medicine position statement: concussion in sport, Kimberly G Harmon, Jonathan A Drezner, Endorsed by the National Trainers' Athletic Association and the American College of Sports Medicine; *Br J Sports Med* 2013;47:15-26 doi:10.1136/bjsports-2012-091941
13. Knowledge about sports-related concussion: is the message getting through to coaches and trainers?; Peta E White, Joshua D Newton, *Br J Sports Med* 2014;48:119-124 doi:10.1136/bjsports-2013-092785



BCSSA Suspected Concussion Form

Skater Name: _____

DOB: _____

Date/time of suspected concussion: _____

Skater or parent/guardian/team manager has refused the concussion evaluation and the skater will not be allowed to continue on with the meet

The above named skater was evaluated for a suspected concussion due to:

- Mechanism of injury
- Speed skating official's request
- Skater's request
- Skater support team's request

The skater was evaluated by the medical personnel on site:

Name of medical personnel: _____

Designation (i.e. St John's ambulance, etc.): _____

The following signs and symptoms of a possible concussion were recognized:

No signs and symptoms present- skater **was** allowed to Return to Play (RTP)

Per the BCSSA Concussion Protocol, "if a concussion is suspected by the medical personnel the skater will be removed from the meet". The skater will not be allowed to return to the meet unless a physician's note clearing the skater for RTP has been obtained."

Signature of attending medical personnel: _____

Date: _____

Signature of chief referee: _____

Signature of parent/guardian or coach or team manager: _____

New Starting Rule 2015-2016 season

Original Notification: October 2014

To all Short Track referees, coaches and skaters. ISU is making it mandatory that all ST skaters must have both blades in full contact with the ice for the start of the race. No toe pick starts will be allowed for the 2015-1016 season as of July 1st, 2015. Any skater starting with a toe pick start will be given a false start.

New ISU Rule

d) If a Skater does not have both skates on the ice, i.e. full contact over the length of the blades, it is a false start (effective as of July 1, 2015).



The above picture is not an endorsement for a particular style of flat blade start. Please ask your coach for the proper flat blade starting technique.



Website

The website has been improved and refreshed. Please make sure you know where all the important information is located.

<http://www.speed-skating.bc.ca/>

<http://www.speed-skating.bc.ca/officials/officials-resources/>

<http://www.speed-skating.bc.ca/officials/meet-coordinator-resources/>

<http://www.speed-skating.bc.ca/about/safety/>

<http://www.speed-skating.bc.ca/technical-documents/>

ODC Assigned Officials

ODC stands for Officials Development Committee. Over the next several seasons ODC needs to develop our Recorders. This year (2015-2016) we are introducing a Mentorship program for Recorders at the meets. **ODC will not be supplying recorders for the clubs!** It is still the clubs responsibility to secure a Recorder for your meet. The Mentor Recorder will be cost supported by ODC and the clubs (the same criteria as Referees and Starters). The clubs will pay for the room and ODC will pay for the travel (cost sharing) and food/per diem. It is important for our clubs across the province to maintain a high level of officiating.

Provincially sanctioned meets will still be assigned a Referee and Starter by BCSSA ODC.



Sanction Overview

Below is an overview of what is expected for each type of sanction.

This sanction overview can also be found on the website under <Officials> then <Meet Coordinator Resources>.

Sanction Overview

This reference document provides all required information to apply for a BCSSA Sanction. Please use the [BCSSA Sanction Request Form](#) (online form) to formally apply for a sanction. There are two types of BCSSA sanctions:

| | Provincial Sanction | Regional Sanction |
|----------------------|---|---|
| Purpose | <ul style="list-style-type: none"> To allow for skaters to compete in sanctioned competitions with guaranteed minimum safety and officiating standards in place. | <ul style="list-style-type: none"> To allow for skaters to compete in local, sanctioned competitions with guaranteed minimum safety and officiating standards in place, while allowing clubs to host sanctioned competitions in a financially feasible manner. |
| Fee | <ul style="list-style-type: none"> \$75 | <ul style="list-style-type: none"> \$75. Please note that upon receipt of all competition paperwork (within 14 days of the competition being completed), \$65 will be refunded to the club. FUNales are exempt from the refund. |
| Indicated Events | <ul style="list-style-type: none"> Interclubs Provincial Competitions (Age Class Championship/Ranking Meet) National Competitions (Championships/Selection Meet) | <ul style="list-style-type: none"> Club Minimeets <ul style="list-style-type: none"> All racing involving skaters from more than one club must be sanctioned. An exception will be granted in the case where a skater from a neighbouring club regularly practices with the host club on the day on which club racing is being held. Interclub Minimeets FUNales |
| Eligible Skaters | <ul style="list-style-type: none"> All skaters competing in Sanctioned competitions must be registered with BCSSA as Competitive (1 or 2) skaters. EXCEPTION: BCSSA Introductory skaters may participate in ONE home-iced sanctioned event. | |
| Required Officials | <ul style="list-style-type: none"> Interclub: all chief officials should be minimum Level 1. Provincial Competition: all chief officials must be minimum Level 2. National Competition: all chief officials must be minimum Level 3. | <ul style="list-style-type: none"> The following officials must be minimum Level 1: <ul style="list-style-type: none"> Chief referee <u>or</u> starter Chief timer It is recommended to have certified officials, where possible, to promote the ODC development program and to provide mentorship opportunities. |
| Medical Requirements | <ul style="list-style-type: none"> All Sanctioned competitions must adhere to the BCSSA Medical Requirements. | |
| Track Certification | <ul style="list-style-type: none"> All Sanctioned competitions must be skated on a certified track. The Track Certification Form must be completed. | |



BC SPEED SKATING **Sanction Overview**

| | | |
|--|---|--|
| Protective Padding Requirements | <ul style="list-style-type: none"> All Sanctioned competitions must have adequate crash protection padding in place. Please see the information for padding requirements on the SSC website. Appendices D1 to D16 of the SSC Red Book contain further information. | |
| Available Competition Grants <small>(50% distributed with sanction application/fees; 50% when post-event requirements completed)</small> | <ul style="list-style-type: none"> BCLT: TBD BCST: TBD | <ul style="list-style-type: none"> FUNales: 5x \$500 |
| Mandatory Awards | <ul style="list-style-type: none"> BCLT and BCST: provincial medals, top 4 overall finishers. Please note that provincial medals are provided by BCSSA (cost covered by host organization). Meet coordinators must request the quantity of medals needed when submitting Sanction Request Form. | <ul style="list-style-type: none"> All FUNale participants must receive an award. See the BCSSA Competitions Format Bulletin for details. |
| Records | <ul style="list-style-type: none"> Skaters are <u>not</u> able to set records of any level during meets with a Regional Sanction. Regional and Provincial Stream skaters are able to set personal best times during meets with a Regional Sanction. | |

Rental Equipment:

- ✓ Helmet covers in the North: Adam Ingle, rollpatrol@shaw.ca
- ✓ Helmet covers in the Interior: Kirsten Locke, kirsten.locke@hotmail.com
- ✓ Helmet covers in the South: Laurelle Oldford-Down, amr.ducks@shaw.ca
- ✓ Daktronic horn start: ODC, officials.development.commite@gmail.com (rental fee charged)
- ✓ Electronic lap counter: ODC, officials.development.commite@gmail.com

National Competitions Hosted by BC Clubs:

National events require a BCSSA sanction *and* an SSC sanction. SSC P&R B4-500 states: "Sanctions must be applied for through the SSC Head Office by way of electronic application available on SSC's website. Only electronic submissions will be accepted." Please note that there are multiple forms to be completed for an SSC sanction; please see the [Sanction Applications](#) webpage on the SSC website. SSC no longer charges any fees for an SSC sanction. National Competition medals and helmet covers *must* be ordered directly from Speed Skating Canada.



BC SPEED SKATING Sanction Overview

2014-2015 Event Definitions

| BC SPEED SKATING | PRACTICES | | MINIMEETS | | MEETS | | |
|--|---|--|--|--|--|---------------------------------------|---|
| | Club Practice | Interclub Practice | Club Minimeet | Interclub Minimeet ^a | Interclub | Provincial Meet | National Meet |
| Skaters present (by registered club) | BCSSA-registered skaters from the host club | BCSSA-registered skaters from the host club <u>and</u> invited BCSSA-registered skaters from other club(s) | BCSSA-registered skaters from the host club <u>and</u> skaters from neighbouring clubs who <u>regularly</u> practice with the host club on the day on which racing is being held | BCSSA-registered skaters from the host club <u>and</u> invited BCSSA-registered skaters from other club(s) | BCSSA-registered skaters (typically skaters are from a defined geographical area) | BCSSA-registered skaters only | BCSSA-registered skaters and skaters registered with other provincial/ territorial branches |
| Skaters present (by BCSSA "Stream") | All | Typically Provincial and Performance Stream | Typically Regional and Provincial Stream | Typically Regional and Provincial Stream | Typically Regional and Provincial Stream | Typically Provincial Stream | Typically Provincial and Performance Stream |
| Skaters present (by LTPAD category) | All | Typically T2T+ | Typically AS, FUNd, L2T, T2T and C4L ^b | Typically AS, FUNd, L2T, T2T and C4L ^b | Typically FUNd, L2T, T2T and C4L ^b | Typically T2T & C4L ^b | T2T+ |
| Skaters present (by BCSSA registration category) | All | All | All | Competitive 1 and 2 skaters. Intro skaters may participate in ONE home-ice sanctioned event. | Competitive 1 and 2 skaters. Intro skaters may participate in ONE home-ice sanctioned event. | Competitive 1 skaters | Competitive 1 skaters |
| Sanction | n/a (no formal racing) | n/a (no formal racing) ^c | Not required | Mandatory: Regional Sanction | Mandatory: Provincial Sanction | Mandatory: Provincial Sanction | Mandatory: Provincial and SSC Sanction |
| Hosting Grants ^d | n/a | n/a | n/a | \$500 for Regional FUNales | n/a | TBD for Provincial Championships | TBD based on financial availability |
| Duration of Event | Unique to each club | Unique to each club | Typically during regular practice hours | Typically during regular practice hours (~5 hours maximum) | Typically ¼ to 1 day | Typically 1 ½ to 2 days | Typically 2 to 3 days |

LEGEND:

- a: Includes Regional FUNale Competitions
- b: C4L (Competitive for Life)= Masters skaters and Open category skaters (i.e. ISU Junior and Senior skaters and in the Performance Stream)
- c: The Provincial Relay Challenge may be skated at Interclub Practices, without carrying a sanction
- d: Subject to change annually

If you have any question or concerns please e-mail BCSSA ODC:
officials.development.committe@gmail.com

Have a great 2015-2016 season!

BCSSA ODC

