



You are invited!

The BC Speed Skating Academy Outreach Tour will be coming North with a long track session in Fort St John on January 9th and 10th, 2016. The session will be held at the Pomeroy Sports Centre, which is also the location for the FSJ LT Interclub on January 9th. The coach for the session will be Arno Hoogveld (Calgary Olympic Oval). The tentative schedule is:

Saturday January 9th

- ~17:00 end of FSJ LT Interclub
- 17:00-19:00 dinner (individual)
- 19:00-20:30 Academy classroom session

Sunday January 10th

- 7:15-8:00 off-ice warm up and skates on
- 8:00-10:00 on-ice
- 10:00-11:00 off-ice wrap up

What is the BCSSA Academy? *The Academy is a project to help prepare our 2019 Canada Winter Games age-eligible skaters for the next Games. The concept is that our skaters will have opportunities to train together to practice racing skills, passing skills and team events (relays in short track and team pursuit in long track). This is the first year of the Academy. This season, a pilot of the Academy is being offered in Richmond, BC. The Academy consists of 13 sessions that involve on-ice and off-ice training. To reach skaters outside of the Lower Mainland, there are drop-in opportunities available at the Richmond pilot. There will also be an Academy Outreach Tour visiting clubs around the province throughout the season. The hope is that the Academy will be expanded to more locations and to include both disciplines (short track and long track) in future seasons.*

All skaters who are age-eligible for the 2019 Canada Winter Games are invited to attend the Academy Outreach Tour session. This includes skaters who will be between 14-18 years old as of July 1, 2018. Additionally, any skaters named to the 2015-2016 Provincial Performance Program (regardless of age) are invited.

The cost of each session is \$10/skater- note that skaters who are registered full-time for the Academy Pilot in Richmond are not required to pay the \$10. **Skaters must confirm their attendance at the session by emailing their completed waiver to Chris Acton (chris.acton@speed-skating.bc.ca) by January 2nd.** Lorna at the BCSSA Office will invoice skaters for the cost of the sessions after the sessions are complete. **Please do not send money to Chris nor leave it with local session organizers.**



Skater Waiver

Name: _____

Parent/Guardian: _____

Phone: (_____) _____

Address: _____

City/Town: _____ **Prov:** _____

Emergency Contact Name: _____

Emergency Contact Number : (_____) _____

Care Card #: _____

Major Medical Conditions: _____

Date of Birth: _____ **Age:** _____

WAIVER: By signing this entry form, I hereby, for myself, my heirs, executors, administrators and assigns, waive and release any and all rights and claims for damages I may have against the Pomeroy Sports Centre, BCSSA and all sponsors concerned, their agents, Officers or members, for any and all injuries suffered by me at said Academy Outreach Tour session to be held January 9-10, 2016 at the Pomeroy Sports Centre in Fort St. John, British Columbia, Canada. This information is collected under the authority of the Personal Information Protection Act. It is required to register you in the Academy. Organization of events requires that names may appear on posted lists and printouts. Names/images of participants may be published on boards, websites, media, newsletters and promotional material. Alternative contact and medical information will only be used in a medical emergency. If you have questions about the collection of or use of this information, contact the Event Organizer at 250.300.9908 or by email at chris.acton@speed-skating.bc.ca.

Witness whereof, I have hereunto set my hand and seal;

THIS _____ DAY OF _____, 2015

SKATER SIGNATURE: _____

PARENT'S SIGNATURE (if the skater is under 18): _____