

# Coaching NEWSLETTER



**Welcome!** We're pleased to present our first ever BCSSA Coaching Newsletter. As the Coaching Development Committee (CDC) we hope to provide updates and awareness of resources available to BC coaches.

## Making Headway

It will now be mandatory for all coaches attending national level competitions to have completed the 'Making Headway' eModule on concussions in sport/speed skating. This is an important injury to learn more about and the CDC recommends for all coaches, not just national level coaches to take part! It is free and can be completed in ~45 minutes. You will need an NCCP # to register. If you are not registered please contact us and we will help to set up an account (bcssa.coaching@gmail.com).

<http://www.coach.ca/making-head-way-concussion-elearning-series-p153487>

## Becoming a Registered Coach

The process of becoming a registered coach includes a criminal record check, a review of your Locker credentials, access to coaching resources as well as earning an official coaching designation. The cost to register for 1-year is \$100 + a criminal record check for \$25.

\*BCSSA CDC will be offering to cover the cost to register at coach.ca for those coaches attending: Canada West, Canadian Long Track, National Qualifier and Canadian Juniors.\*

<http://coach.ca/professional-coaching-s16900>

## Pacific Sport Registered Coaches

Check out this link for more resources available to you as a registered PacSport Coach. Make sure you click the "Coaches" drop down menu for Events & Education / Resources:

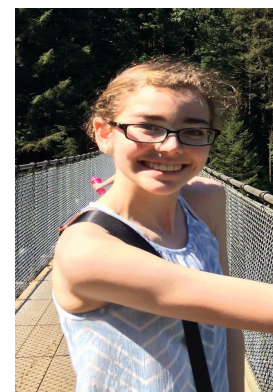
<http://www.csipacific.com/coaches/about/overview/>

## Junior Coach Spotlight:

**Morgan Aucoin** – Prince George Blizzards Speed Skating Club Jr. Coach  
Morgan has been a valued member of the PGBSSC for 12 years. Over a decade of memories, skating in the Beginner Group, the Intermediate Group and eventually the Advanced Group. Morgan also represented Zone 8 at the 2014 BCWG's and Western Canadians in Canmore!

Though busy entering grade 12, Morgan continues to find time to volunteer as a Coach. Her charm, humor and warmth are a welcome addition to our large group of young children experiencing speed skating for the first time. PGBSSC is lucky to have her as a role model. *Check out this video of Morgan introducing the new arena in Prince George in preparation for the 2015 CWG (where she also lit the opening ceremonies cauldron!)*

<https://www.youtube.com/watch?v=7ClwtX7DVAU>



A sincere "Thank you Morgan" from all of us!

## Upcoming deadlines for BCSSA Coaches:

- November 5, 2016 - [Call for BCSSA Personnel 2016-2017](#)
  - Looking for Development, Provincial and Performance Stream Coaches.
- November 15, 2016 - [Coaching Report form](#)
  - An important way for us to report BCSSA coaching and ensure continuation of our funding. Be sure to include all coaches from head coach to dedicated volunteers!
- Anytime - Junior Coach Nominations!
  - We are excited to be able to share stories of some of our youngest, up and coming coaches that play such a big role in Speed Skating. Please send any suggestions of youngsters from your club to [bcssa.coaching@gmail.com](mailto:bcssa.coaching@gmail.com) and we will be happy to include them in upcoming newsletters.
- Anytime - Topics for future Newsletters
  - We appreciate feedback and are looking for new ideas of what you as coaches would like updates on, please emails [bcssa.coaching@gmail.com](mailto:bcssa.coaching@gmail.com) with suggestions.

## Coming up in the next edition...

- Announcement of 2016-2017 Coaching Personnel
- Update on Coaching opportunities in BC
- Coaching 11 Credits
- Officials/Yellow carding
- Membership and Development
- Junior Coach Spotlight!



BCST 2016 in Kamloops, B.C. Photo by Michael Mong