



Skater Support Programs

2017-2018 Athlete Development Bulletin #1.0 June 2017

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This bulletin addresses the mandate of the BCSSA Athlete Development Committee (ADC) related to providing BCSSA speed skaters funding and support through the Provincial Performance Program (PPP). PPP skater expectations and PPP skater assistance are detailed in this bulletin. Details regarding qualification to the PPP can be found in the [2016-2017 ADC Bulletin #3.0](#).

BCSSA PPP Skater Expectations

The ADC reviewed potential candidates for the 2017-2018 PPP in May 2017, based on the published standards from the [2016-2017 ADC Bulletin #3.0](#). Eligible skaters were named to Tiers Gold, Silver, Bronze, Iron and Black (formerly Tiers 1-5). Skaters are asked to complete an online Athlete Agreement, which includes a declaration of participation in the BCSSA PPP. Skaters who receive confirmation from ADC are formally accepted into the program.

The following are expectations of skaters in the PPP for the 2017-2018 season:

Communication: PPP skaters are expected to update ADC via email (bcssa.athletedev@gmail.com) with any major changes throughout the season, e.g. major injuries, switching coaches, retirement from the discipline, etc.

Camps: BC-based PPP skaters are strongly encouraged to participate in at least one spring, summer or fall BC camp. See below for potential funding assistance.

Sport Medicine/Sciences: PPP skaters are expected to be participating in off-ice lab and/or field testing. It is also suggested that skaters consider baseline concussion testing. Please see the document [Recommended Season Preparation](#) for details about testing. See below for potential funding assistance.

Competitions: BCSSA PPP skaters are expected to compete for Team BCSSA at national competitions for which they qualify. Additionally, skaters are expected to participate in the competitions identified (with their coaches' input) on their individualized Yearly Training Plan (YTP) that was submitted to ADC. Skaters who do not meet the minimum competitions (as listed below) *may not be eligible* to receive full financial assistance as compared to a skater at the same Tier who attends competitions. Skaters qualifying for competitions not listed under their Tier are encouraged to attend.

Long Track Competitions	Gold	Silver	Bronze	Iron	Black
	All of the following (if qualified)	All of the following (if qualified)	At least 3 of the following, including Canadian Junior Champs	At least 2 of the following, including CACLT (T2T) or Canadian Junior Champs (Junior B and older)	
Fall Classic	X	X	X	X	
Fall WC Trials	X	X			
Oval Invitational	X	X	X	X	
CanAm	X	X	X	X	X
Canada Cups (CC#1-4)	X	X	X	X	X
Canadian Single Distance	X	X			
BC LT Championship				X	X
Alberta Indoor Championship				X	X
Canadian Age Class LT				X	X

Short Track Competitions	Gold	Silver	Bronze	Iron	Black
	All of the following (if qualified)	All of the following (if qualified)	At least 6 competitions, including at least 4 of the following	At least 4 competitions, including at least 3 of the following	At least 4 competitions, including at least 2 of the following
Fall WC Trials	X				
Canadian Senior Championship	X	X	X		
Canadian Junior Championship		X	X		
Senior Selections #2	X	X	X		
Junior Selections #2			X	X	
National Qualifier		X	X		
Quebec Elite Circuit	X				
Western Elite Circuit (WEC #1-3)		X	X	X	X
Oval Single Distance Series		X	X		
Western T2T Circuit				X	X
BC ST Championship				X	X
BC Winter Games				X	X
Canada West ST Championship				X	X

BCSSA PPP Skater Assistance

PPP skaters will receive assistance from BCSSA *depending on their Tier and availability of funds*. Tier Gold skaters will receive the highest priority, as they are closest to qualifying for National Teams. PPP assistance in the 2017-2018 season may include the following:

Recognition: PPP skaters' names will be published on the BCSSA website and social media.

IPS Carding: Tier Gold, Silver, Bronze and Iron PPP skaters will be eligible for Integrated Performance System (IPS) Carding from Canadian Sport Institute/Pacific Sport, subject to the capacity of each Centre. Eligible skaters will receive IPS registration instructions and are strongly encouraged to register with their local Centre in order to foster the relationship between BCSSA and the Centres.

Uniforms: Tier Gold, Silver, Bronze and Iron skaters have the option of purchasing a BC skinsuit at their own expense. Skinsuit purchase will be minimally subsidized by BCSSA in the form of covering tax and shipment costs.

Tier Gold and Silver skaters will receive BC warm-up jackets (at no cost to the skaters). Tier Bronze, Iron and Black skaters will receive BC shirts (at no cost to the skaters).

Camps: All PPP skaters are eligible to receive camp registration fee stipends. Skaters will be asked to submit proof of spring, summer and/or fall camp registration in the autumn of 2017. Priority will be given to in-province camps.

Sport Medicine/Sciences: Tier Gold and Silver skaters will be eligible for the [Canadian Athlete Insurance Program \(CAIP\)](#) subsidy (bronze level). Tier Bronze, Iron and Black skaters may register for the program at their own expense. CAIP is particularly useful for coverage for massage and physiotherapy treatments for overuse injuries.

All PPP skaters are eligible to receive partial funding for off-ice lab and/or field testing. Skaters *must keep receipts* for all services and will be required to submit receipts and results for reimbursement (where applicable):

- One Functional Assessment per year (deadline Oct 30th)
- Wingate Testing or RAST Testing - up to 3 tests per year
- Field Testing - up to 3 field testing sessions per year.

Competitions: BCSSA will support *all* BCSSA skaters (note: this includes those who are not PPP skaters) who are participating in national competitions by providing a registration fee stipend to the skaters. National Team and National Development Team athletes are excluded. Eligible competitions include:

- Fall World Cup Selections
- Olympic Selections
- Canada Cups
- Canadian Open National Qualifier
- Canadian Open Junior Selections
- Canadian Open Senior Selections
- Canadian Championships (Senior, Junior, Age Class).

Other Funding: skaters may receive other skater subsidy funding, pending availability of funds. Funding will be distributed based on the skaters' qualified Tier and their current season performance.