

PARTNERS



Date: July 2014

Attention to: All CWG age-eligible skaters

Subject: CWG Prep Program Update

The Canada Winter Games (CWG) are only seven months away! The TEAM BC Selection Committee has released the final version of the [TEAM BC \(Speed Skating\) Selection Bulletin](#). The CWG Coaches have planned the upcoming seven months based on the details in the Bulletin and the schedule of provincial, inter-provincial and national competitions to date.

Through the support of the Government of British Columbia's Ministry of Community, Sport and Cultural Development (distributed by ViaSport), the CWG Prep Program has \$45,000 to support BC skaters in the 2014-2015 season. The priority for the funds will be mandatory costs related to the CWG (e.g. competition uniforms, travel to the games), team-building camps, and competition entry subsidies for the TEAM BC Selection Trials. Remaining funds will be used to provide skater stipends for those skaters who qualify for TEAM BC (Speed Skating), including alternates.

Additionally, \$12,500 has been dedicated to supporting skaters by providing the services of the CWG Coaches. BCSSA is pleased to announce the coaching assignments for the CWG:

- TEAM BC (ST) Coach: Keith Gordon
- TEAM BC (ST) Manager: Erin Copeland
- TEAM BC (LT) Coach: Sandi Vyse
- TEAM BC (LT) Manager: Richard Stickel
- Women in Coaching Apprentice Coach: Lorelei St. Rose (ST)

The Coaches will be present at summer camps, early-season competitions, the TEAM BC Selection Trials, team-building camps and mid-season competitions.

Please see the timeline below for details of the CWG Prep Program from April 2014 to February 2015. In each section, mandatory and recommended events are summarized. *Participation in mandatory events ensures that an otherwise-eligible skater will receive full financial subsidies available. Lack of attendance at a mandatory event will not affect a skater's position on TEAM BC (Speed Skating), but will result in a decrease in the financial support to the skater.*

Spring/Summer 2014

In lieu of naming a Quarterly Talent Pool for the Spring/Summer, the CWG Coaches will release ranking lists of CWG age-eligible skaters. The lists will be released shortly, with a target date of before the end of July 2014. The short track ranking list will include skaters who have already met the eligibility requirements to participate in the TEAM BC (ST) Selection Trials (skaters have until October 19, 2014 to meet the requirements). The long track ranking lists will list CWG age-eligible skaters' best times in each of the official CWG distances. Both

lists are intended to act as educational/planning tools for skaters and their coaches. Financial stipends will not be awarded during the Spring/Summer.

Skaters are strongly encouraged to attend one or both CWG Prep Camps: the ORTC ST High Performance Camp (Kelowna) or the Fort St John Long Track Camp. Representatives of the CWG Coaches will be at both camps. Jen Scott, TEAM BC (Speed Skating)'s Mission Staff for the 2015 CWG, will be at the ORTC ST HP Camp and available to answer questions.

Mandatory Events	Recommended Events
n/a	ST: ORTC HP Camp (Kelowna) LT: FSJ Camp

September/October 2014

Skaters are strongly encouraged to attend appropriate competitions for racing experience and to obtain qualifying times for the Selection Trials (note that qualifying times for the ST Selection Trials must be skated on or before October 19, 2014). Please see the [BCSSA Events and Results Calendar](#) for competition information; appropriate competitions are generally in the blue Performance Stream. The CWG Coaches will be present at some of the early-season competitions and financial stipends will be retroactively provided to skaters who qualify for TEAM BC (Speed Skating), including alternates.

Mandatory Events	Recommended Events
n/a	ST: Oktoberfest, Calgary Single Distance Series LT: Fall Classic, Oval Invitational

November/December 2014

The TEAM BC (ST) Selection Trials will be held November 1-2 in Prince George. Competition entry fees will be retroactively covered for the top 10 ranked skaters, per gender, based on final ranking from the ST Selection Trials. All ST CWG Coaches will be present for the event. A Relay Camp will be held on the morning of Monday November 3, 2014. This camp is mandatory for all skaters who have provisionally qualified for TEAM BC (ST), including alternates. All skaters who participated in the ST Selection Trials are eligible to attend. The camp will be free for all participants.

The TEAM BC (LT) Selection Trials will be held November 28-30 in Fort St John (in conjunction with Canada Cup #1). Competition entry fees will be retroactively covered for the top 8 ranked skaters, per gender, based on final ranking from the LT Selection Trials. All LT CWG Coaches will be present for the event. A Team Pursuit Camp will be held on the morning of Monday

December 1, 2014. This camp is mandatory for all skaters who have provisionally qualified for TEAM BC (LT), including alternates. All skaters who participated in the LT Selection Trials are eligible to attend. The camp will be free for all participants.

Skaters are strongly encouraged to attend other appropriate competitions for racing experience. Please see the [BCSSA Events and Results Calendar](#) for competition information; appropriate competitions are generally in the blue Performance Stream. The CWG Coaches will be present at some of the mid-season competitions and financial stipends will be retroactively provided to skaters who qualify for TEAM BC (Speed Skating), including alternates.

During the month of December, the CWG Coaches will meet with each skater who has qualified for TEAM BC (Speed Skating). The meetings may be in-person (e.g. at a club practice, if feasible, at a competition or at a camp) or virtually via videoconference (e.g. Skype, Google Hangouts, FaceTime etc.). The purpose of the coach-skater meeting includes: reviewing the skater's competition plan leading up to the CWG, identifying the skater's goals for CWG and discussing the skater's preferred coaching style. The skater's day-to-day coach is encouraged to attend the coach-skater meeting. Skaters may invite others (parents/guardians, other support people) as they desire.

Mandatory Events	Recommended Events
ST: TEAM BC (ST) Selection Trials, Relay Camp, coach-skater meeting LT: TEAM BC (LT) Selection Trials, Team Pursuit Camp, coach-skater meeting	ST: WCSA (Richmond), Calgary Single Distance Series, National Qualifier LT: CanAm

January/February 2015

The BC Long Track Championships, held January 17-18 in Prince George, will serve as the official test event for the LT venue at the CWG. Skaters who have qualified for TEAM BC (LT) are strongly encouraged to skate on the outdoor oval in Prince George prior to the start of the 2015 CWG. A second Team Pursuit Camp will be held in the early evening on Friday January 16, 2015. This camp is not mandatory; however, all skaters who participated in the LT Selection Trials are encouraged to attend. The camp will be free for all participants.

Skaters are strongly encouraged to attend other appropriate competitions for racing experience. Please see the [BCSSA Events and Results Calendar](#) for competition information; appropriate competitions are generally in the blue Performance Stream. The CWG Coaches will be present at some of the mid-season competitions and financial stipends will be retroactively provided to skaters who qualify for TEAM BC (Speed Skating), including alternates.



Mandatory Events	Recommended Events
n/a	ST: Canadian Junior Championship, Calgary Single Distance Series LT: CC#2, BCLT (CWG test event), Team Pursuit Camp #2, Canadian Junior Championship

Please do not hesitate to contact the CWG Coaches with any questions. Good luck to all skaters as they prepare for the Selection Trials!

2015 TEAM BC (Speed Skating) CWG Coaches
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