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FEBRUARY 13 - MARCH 1, 2015

**Team BC Selection Central Interior Challenge Open Nanguz Cup
November 1-2, 2014**

Please check pglizzard.ca for updates on this schedule starting on Friday

General Schedule

Friday October 31, 2014

Practice Schedule: Each skater must be supervised by a coach

17:30 to 18:30 Practice Ice-Kin 1
18:30 to 18:40 Ice Resurfacing
18:40 to 19:40 Practice Ice-Kin 1

Registration

19:00 to 19:30 Kin 1 Arena, upper meeting room

Coaches and Officials Meeting

20:00 to 21:00 Kin 1 Area, upper meeting room

Day 1-Saturday November 1st, 2014

07:30 Warm up Ladies BC Team Selection
07:45 Warm up Men BC Team Selection
08:15 Qualifying Round-(9 laps) BC Team Selection
09:20 Opening Ceremonies-Oh Canada.
09:23 Warm up Nanguz Cup (AS to L2T)
09:58 Nanguz Cup (AS to L2T) Medals to follow
12:30 Nanguz Medal Presentation-CWG Mascot on site
Lunch
13:00 Warm up- Ladies BC Team Selection
13:10 Warm up Men BC Team Selection
13:20 Warm up CICO
13:30 Ice Resurfacing
13:45 1500m H+F/500m H
16:15 End of day 1

Day 2-Sunday November 2, 2014

08:00 Warm up Ladies BC Team Selection
08:10 Warm up Men BC Team Selection
08:20 Warm up CICO
08:30 Ice Resurfacing
08:45 500m Semis+F, 1000 H+F, 3000m Point Race F
12:19 Lunch
14:15 End of Day 2.