



POCO Lightning Speed Skating Club

ZONE 4 BC WINTER GAMES QUALIFIER & INTERCLUB

Date:	Saturday, November 18, 2017
Location:	Port Coquitlam Recreation Complex, 2150 Wilson Ave., Port Coquitlam
Zone 4 BCWG Eligibility:	Based on residency and age. Click here for a zone map to determine residency: https://www.bcgames.org/Games/Zones.aspx
Interclub Eligibility:	All BCSSA registered skaters and registered US skaters
Format:	Ability meet for all.
Tracks:	100m and 111m – sanctioned BCSSA Tracks
Entry Fee:	\$40 for all competitors (includes \$2 for Officials Dev fund), \$15 for active start
Medical:	Saint John's Ambulance
Send Meet Entries to:	Barb Vogl, Chief Recorder: bvogls@gmail.com by Wed., November 08, 2017 on the club entry excel spread sheet.
Volunteers:	Volunteers required for most positions. Please email rspencer0001@gmail.com .
Seed Times:	As per attached entry form
Required Equipment:	As per BCSSA competition regulations. Click here: http://www.speed-skating.bc.ca/skate-with-us/required-equipment/ Please note the rear and front tips of all skate blades must be rounded to a minimum radius of 1 cm.
Concussion protocol:	All parents/skaters must read the BCSSA concussion protocol available here: http://www.speed-skating.bc.ca/about/safety/
Registration:	ONLY ONE GROUP REGISTRATION PER CLUB. Make cheques payable to Port Coquitlam Speed Skating. Bring all entry forms to the registration desk in the lobby of the arena. All fees are due prior to skaters going onto the ice. The skater's club must pay the registration fee for all scratches received after 12 noon Monday November 12, 2017.
Scratches:	Please advise the recording room of any last minutes scratches prior to 6:50am on Saturday morning.
Tentative Schedule:	Please make sure you are at the rink 30 minutes before warm up. The schedule is tentative and subject to change.
General Registration:	6:30am - 7:00am Collect helmet covers – Lobby of arena
Coaches & Officials meet:	6:50am 2 nd floor, Mabbet Room
Warm-ups	6:50am Jr. B and up
	7:00am T2T
	7:10 am L2T
	7:20 am FunD
	7:30 Ice clean and Officials take positions
	7:45 Racing begins
	12:00 noon Active start races; Officials/volunteers lunch break

NO LATE REGISTRATION ACCEPTED

All registrations due to Chief Recorder Barb Vogl: bvogls@gmail.com on 7:00pm November 08, 2017

For more information, please contact the Meet Coordinator:

Rick Spencer: rspencer0001@gmail.com



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Date: Saturday November 18, 2017 Location: Port Coquitlam Recreation Complex

Skater Name: _____ M/F: _____ Club: _____

SSC#: _____ Birth date(dd/mm/yy) ___/___/___ Age as of July 1, 2017: _____

If the skater is competing to qualify for the BCWG, please complete the highlighted boxes.

Skater classification	Seed distance	Seed time	Date and Location
Active Start	PB 100m (100m track)		
T2T, L2T, & FUNd	PB 200m (100 m track)		
	PB 400 m (100m track)		
U16, Junior and Above	PB 500m (111m track)		
Zone 4 BCWG competitor U14 T2T	PB 400 m (100m track)		
Zone 4 BCWG U16 T2T	PB 500m (111m track)		

US skaters: please submit 222m, 500m, 1000m & 1500m times on a 111m track

New skaters: please have your coach submit estimated times to the Chief Recorder

WAIVER

By signing this entry form I hereby, for myself, my heirs, executors, administrators and assigns, waive and release any and all right and claims for damages I may have against Port Coquitlam Recreation Complex, Speed Skate Canada, the British Columbia Speed Skating association and its member clubs, the Port Coquitlam Lightning Speed Skating club, the City of Port Coquitlam and our sponsors, their Agents, Officers or members including medical staff, for any and all injuries suffered by me at said contest to be held November 28, 2015 in the Port Coquitlam Recreation Complex at Port Coquitlam, British Columbia, Canada.

This information is collected under the authority of the Freedom of Information and Protection of Privacy Act. It is required to register you in the competition and could be used to contact you regarding future competitions by the Port Coquitlam Lightning Speed Skating Association. Financial information will be used to process payment. Organization of competitions/events requires that names will appear on posted race lists and results printouts. Names/Images of participants may be published on boards, website, media, newsletters and promotional material. Alternative contact and medical information will only be used in a medical emergency. If you have questions about the collection of our use of this information, contact the Meet Coordinator at rspencer0001@gmail.com to request more information.

U.S. skaters must provide proof of current membership in the form of a letter from the State Association or an identity card and will need to be shown at registration. U.S. skaters are NOT covered by BCSSA or SSC insurance and therefore must carry their own insurance.

In witness whereof, I have hereunto set my hand and seal this _____ day of _____, 2017.

Skater's Signature: _____ Parent's signature: _____

I have read and agree to the BCSSA Concussion Protocol. _____ Yes

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Rick Spencer: rspencer00001@gmail.com