



Speed Skate Performance Camps

Richmond Olympic Oval

Talent Development Camp July 23rd-27th

A high-performance training opportunity for top junior skaters to maximize performance at National Qualifier and Western Elite meets.

Ages 14-17yrs

Monday-Friday 8:30am-4:30pm \$435*

<https://goo.gl/MU5Y7V>



Speed Skate Elite Week

July 16th-20th and July 30th-August 3rd

A performance boost without the full camp commitment. Includes 5 skating sessions (Daily 4:30pm-6:00pm) and 2 strength and conditioning sessions (Tuesday and Thursday 6:30pm-8:00pm).

Ages 14+yrs \$175* per week

Week 1 <https://goo.gl/Jo4XaJ>

Week 2 <https://goo.gl/uDe1xJ>



Stage 2 Performance Camp August 27th-30th (Mon-Thurs)

A high-performance training opportunity for top skaters who aspire to compete at the Canada Winter Games. To increase the competitiveness of performance-oriented skaters regionally and nationally. Ages 14-17yrs

Daily 10:00am-4:00pm \$260* <https://goo.gl/XVY4Mu>

*Discounts available for multiple registrations in Speed Skate Performance Programs and Camps

