

**2019 Canada Winter Games
Red Deer
February 15-22 2019**



TEAM BC Long Track Speed Skating Selection Bulletin

**November 2018
Version 3.0**

TABLE OF CONTENTS

INTRODUCTION

TEAM BC LT Skater Eligibility	Page 3
TEAM BC LT Composition	Page 4
TEAM BC LT Selection Committee	Page 5
Sport Jury	Page 5

TEAM BC LT QUALIFICATION FORMAT

TEAM BC LT Selection Trials Overview	Page 6
TEAM BC LT Selection Trials Entry and Seeding	Page 6
TEAM BC LT Selection Trials Format	Page 8

TEAM BC LT GENERAL SELECTION INFORMATION

TEAM BC LT Final Team Selection	Page 9
TEAM BC LT Bye Requests	Page 9
TEAM BC LT Alternates	Page 10
TEAM BC LT Injury Replacements	Page 10
TEAM BC LT Skater Commitments	Page 10

INTRODUCTION

TEAM BC LT Skater Eligibility

Skaters who meet *all of the Inclusion Criteria*, and who do *not meet any of the Exclusion Criteria*, are eligible to compete for TEAM BC Long Track Speed Skating (“TEAM BC LT”) at the 2019 Canada Winter Games (CWG). The criteria are referenced from the [2019 Canada Winter Games Long Track Speed Skating Technical Package](#).

Inclusion Criteria:

- Age eligibility: a skater who has reached the age of 14 on June 30th, 2018 but has not reached the age of 20 on June 30th, 2018. Year of birth: July 1, 1998 to June 30, 2004 (inclusive).
- A skater must be registered as a competitive member (Elite category) of both BCSSA and SSC, in good standing. Note that Elite skaters must be Canadian citizens or permanent residents (formerly Landed Immigrants).
- A skater's permanent domicile or actual residence must be located, for at least the 180 days prior to the opening of the Games, within the recognized boundaries of the Province or Territory they are representing. A skater can have only one domicile.
 - A skater attending school on a full-time basis outside his or her province or territory of permanent residence during the year of the Canada Games shall be permitted to compete for either their province or territory of permanent residence or the province or territory in which the skater attends school. To be eligible to compete for the province/territory where the skater attends school, the student must be enrolled on a full-time basis during the current academic year.
 - An athlete who is training outside his or her province or territory of permanent residence may represent the province or territory in which they are training provided he or she can demonstrate a commitment to the province or territory she or he wishes to represent by:
 - Having been a member of a club or provincial/territorial sport organization in that province/territory for the entire previous or current competitive season, AND
 - Having represented that province or territory at an international, national or regional championship, AND
 - Not having received direct development funding from their province or territory of permanent residence within a year of the opening of the Games, unless the funding jurisdiction provides permission for the athlete to compete for another team.
 - -OR- Other similar circumstances may be considered.

- An athlete is permitted to try out for any province or territory of eligibility but can only try out for one province or territory per sport.
- Athletes may only compete for one province or territory at a single Canada Games.
- Athletes may not compete in two sports at one Canada Games if they are scheduled in the same week.
- The eligibility of any athlete that is not clearly established by these rules and by the Technical Package shall be determined by the Sport Committee of the Council. Coaches or P/TSO's must bring forward any unclear cases to their Chef de Mission and to their NSO as early as possible before the competition for forwarding to the Sport Committee.
- Where a team/Province/Territory/Chef wishes to challenge the eligibility of an athlete on another Provincial/Territorial team, it is expected that such a challenge will be made as soon as the protesting team knows that an athlete may be ineligible. Every effort must be made to ensure that protests on eligibility are lodged before an athlete competes.

Exclusion Criteria:

- Senior National Team Athletes (as defined by Speed Skating Canada and approved by the Canada Games Council)*
- Athletes that have held an SR1 or SR2 card (as defined by Sport Canada's Athlete Assistance program) at any time.
- Athletes who have previously competed at the following events: Senior World Championships, Olympic Games, World Cup competitions or FISU Games
- Athletes who do not meet the date of birth requirements as noted in the Inclusion Criteria

**If a skater competed in one of the above competitions in one discipline e.g. Short Track, they would remain eligible to compete in the Canada Winter Games in Long Track. No athlete can be rendered ineligible within 90 days of the opening of the Games due to a change in carding status or national team status (no athlete will be excluded if they attain National Senior Team members status for the first time, skate in a World Cup or World Championships for the first time, or they are granted carding status after November 10, 2018). Athletes who hold a C card (as defined by Sport Canada's Athlete Assistance program) or are in their first year of Senior National Team status may be deemed eligible on a case by case basis. Requests must be submitted to the respective Provincial/Territorial Chef de Mission and approved by the Canada Games Council's Sport Committee.*

TEAM BC LT Composition

- 4 female skaters
- 4 male skaters
- 1 coach: Adam Ingle (adam.ingle@bcspeedskating.ca)
- 1 manager: Ariana VanDerStarre (ariana.vanderstarre@bcspeedskating.ca)
- 1 apprentice coach: Jennifer Gibson (jennifer.gibson@bcspeedskating.ca)

TEAM BC LT Selection Committee

All activities related to the selection of TEAM BC LT will be carried out by an ad-hoc committee known as the TEAM BC LT Selection Committee. The TEAM BC LT Selection Committee will be comprised of the BCSSA Technical Director, the TEAM BC LT Coach, the TEAM BC LT Manager and the TEAM BC Apprentice Coach.

Sport Jury

A Sport Jury will be formed for the TEAM BC LT Selection Trials. The Jury will be comprised of a Referee (either Chief or Assistant), the BCSSA Technical Representative and one other individual who is deemed not to be in conflict with the selection event.

The Sport Jury for the TEAM BC LT Selection Trials will be comprised of:

- Referee: **Wim Kok**
- BCSSA Technical Representative: **Candace Clouthier**
- Other: **Dee-Ann Stickel**.

TEAM BC LT QUALIFICATION FORMAT

TEAM BC LT Selection Trials Overview

There will be one TEAM BC LT Selection Trials. **The event will be co-hosted with the Canada Cup #1 competition in Fort St John on December 7-9, 2018.** The TEAM BC LT Selection Trials will be composed of the five individual events to be contested at the 2019 CWG:

- Females will skate 500m, 1000m, 1500m, 3000m and the mass start 10 lap race;
- Males will skate 500m, 1000m, 1500m, 5000m and the mass start 10 lap race.

TEAM BC LT will be selected from skaters using the four-race sammelagt from the TEAM BC LT Selections, except in the case of a successful bye request (see below for details). Skaters must participate in a mass start race to be eligible to be considered in the sammelagt ranking; however, no point value will be assigned to the results of the mass start race. Skaters may use their best 500m and best 1000m for the overall calculation. The four skaters with the lowest sammelagt will be offered a position on TEAM BC LT.

TEAM BC LT Selection Trials Entry and Seeding

All CWG age-eligible skaters may compete at the TEAM BC LT Selection Trials if they have completed a minimum of three (3) distances within one competition, in at least one of the designated Racing to Red Deer (R2RD) competitions in the 2017-2018 or 2018-2019 seasons. The R2RD competitions include:

- Any Canada Cup event in the 2017-2018 or 2018-2019 seasons
- Fall Classic 2017 (September - Calgary)
- CanAm 2017 (November - Calgary)
- ~~Oval Grand Prix (March 2018 - Calgary) event cancelled~~
- ~~Oval Finale (March 2018 - Calgary) event cancelled~~
- ~~Summer Classic (TBC - Calgary) event cancelled~~
- Fall Classic 2018 (September - Calgary)
- Oval International 2018 (October - Calgary)
- CanAm 2018 (November - Calgary).

Exceptions note: While unlikely, it is feasible that a skater may not be able to compete at any of the designated R2RD competitions because they do not meet the age eligibility and/or time standards. If a skater is determined ineligible for each of the designated R2RD competitions due to age/time restrictions AND has skated BCLT 2018, then a request may be made to the TEAM

BC LT Selection Committee to compete at the TEAM BC LT Selection Trials based solely on their participation at BCLT 2018. Such requests must be made at least one week prior to the deadline for registration to the TEAM BC LT Selection Trials (i.e. requests must be received by the TEAM BC LT Selection Committee by Monday November 26th, 2018).

Skaters meeting the CC#1 time standards, as set out in the relevant [Speed Skating Canada \(SSC\) High Performance Long Track Committee Bulletin](#), will compete amongst the CC#1 competitors. Additional BC skaters (CWG age-eligible) will be added to “BC ranking races” that will race appropriate distances after the CC#1 competitors compete in that distance. For the purpose of the TEAM BC LT Selection Trials, skaters may race in both CC#1 races and the BC ranking races (e.g. in the case of a skater qualifying to race in the sprint races, but not the distance races, at CC#1). However, skaters will not be permitted to race in CC#1 races and the BC ranking races for the same distance.

CC pairings will be determined as per the SSC Bulletin. Skaters not meeting the CC entry standards will be seeded and paired on the basis of personal best times achieved for each distance at a sanctioned event dating back to September 15, 2017. Skaters who do not have a time for a distance will be seeded below the other skaters and their pairings drawn by lot. If there are an odd number of seeded skaters, the slowest skater will be paired with a skater who does not have a seed time.

The BC ranking race mass start shall be an open event (for those skaters not qualified to participate in the CC#1 mass start races). Non-BC skaters will be invited to compete amongst the BC skaters to best replicate the mass start event at the CWG. A maximum of 24 skaters will start each mass start event; a “B Final” will be run if necessary. Skaters are ranked into the mass start event on the basis of their 1500m results. Final event ranking will be determined by final placement in the event.

TEAM BC LT Selection Trials Format

The race schedule will follow a typical Canada Cup 3-day event format, per the SSC HPLTC Bulletin:

Day 1	Day 2	Day 3
Women 500m*, 1500m* Men 500m*, 1500m*	Women 1000m*, 3000m* Men 1000m*, 5000m*	Women 500m*, 1000m*, mass start* Men 500m*, 1000m*, mass start*

*Canada Cup distances that will be followed by BC ranking races

The TEAM BC LT Selection Trials will follow a typical Canada Cup format, per the SSC HPLTC Bulletin, with additional considerations as outlined in this Selection Bulletin.

Re-skates: As the objective is to pick the fastest skaters for TEAM BC LT, sammelagt scores towards the selection of TEAM BC LT will include times skated in a re-skate, if a re-skate is granted by the referee. Additionally, re-skates outside of those permitted under ISU Rule 262 may be granted to skaters in both the CC#1 races and the BC ranking races under the following circumstances (referenced from the SSC HPLT Competitions Bulletin):

- The athlete has a fall, experiences equipment failure or is disqualified immediately following their race;
- The athlete elects not to complete the race and skates into the warm-up lane to indicate their withdrawal from that race.

Requests for re-skates (outside of ISU Rule 262) will be considered by the Sport Jury. The time recorded in a re-skate permitted outside of ISU Rule 262 is used exclusively for TEAM BC LT selection purposes. Note that in the case of a re-skate granted to a skater due to a penalty assigned to that same skater, the slower of the two times will be recorded. Only one re-skate per distance, per skater, will be accepted for incidents outside of those permitted under ISU Rule 262. An athlete is entitled to a minimum rest of 30 minutes between his/her race and the re-skate, however they may elect to complete their re-skate within this minimum 30 minute allowance.

TEAM BC LT GENERAL SELECTION INFORMATION

TEAM BC LT Final Team Selection

TEAM BC LT final selection will be made on **Friday December 14th, 2018**. The announcement will be posted to the BCSSA website.

Skaters may choose to try out for both long track and short track disciplines. Should a skater qualify for both disciplines, that skater must choose which team to join. The TEAM BC LT Selection Committee will advise the skater of this situation, should it occur, along with a deadline for choosing a discipline (in writing). The deadline will be prior to the final selection of TEAM BC LT. Other skaters will then be moved up according to rankings from final results in the discipline with the open spot.

For all matters not covered by the selection process in this Bulletin, appeals regarding the composition of TEAM BC LT may be made using the existing [BCSSA Appeal Policy](#).

TEAM BC LT Bye Requests

As the objective is to pick the fastest skaters for TEAM BC LT, bye requests will be evaluated by the TEAM BC LT Selection Committee. Bye requests will only be considered from the top-five ranked skaters (i.e. top 5 males or top 5 females) based on lowest sammelagt (*see note*) of all four individual Olympic-style CWG distances, if:

- The skater is not able to attend the TEAM BC LT Selection Trials due to an injury/illness; AND
- The skater immediately reports the injury/illness to the TEAM BC LT Selection Committee and completes a BCSSA Injury Report Form; OR
- The skater attends the TEAM BC LT Selection Trials and becomes injured/ill; AND
- The skater immediately reports the injury/illness to the Sport Jury and completes a BCSSA Injury Report Form.

Documentation from a medical professional may be requested in the case of a bye request. All skaters granted provisional positions on TEAM BC LT are subject to the requirements described in TEAM BC LT Injury Replacements (below).

A maximum of three skaters per gender may be named to the team on the basis of a bye request.

Note: sammelagt ranking will be determined by personal best times for each distance from any sanctioned competition in the 2017-2018 or 2018-2019 seasons. For example, the 500m time could come from CanAm 2017 while the 1000m time might come from Fall Classic 2018, etc.

TEAM BC LT Alternates

It is the intention of the TEAM BC LT Selection Committee to identify one alternate per gender in order to create a more optimal training group and to adequately prepare alternates in the eventuality of an injury prior to the 2019 CWG. The alternates will be the fifth ranked skater from the TEAM BC LT Selection Trials. Alternates will train and attend competitions as part of TEAM BC LT until the commencement of the 2019 CWG. Due to budget restrictions, the alternates will not be provided with a TEAM BC LT skinsuit.

TEAM BC LT Injury Replacements

If a skater is injured following their selection to TEAM BC LT, they will be required to prove adequate levels of recovery, both from a medical and a performance perspective. The determination of what constitutes adequate recovery will be made by medical professionals and the TEAM BC LT Selection Committee and will be based upon an assessment of the skater's ability to perform at a level equal to current members of TEAM BC LT. The final date for finalizing such decisions is one week prior to the registration deadline for the 2019 CWG, i.e. January 26, 2019. If a skater is subsequently deemed medically unfit to compete in the 2019 CWG, they may be replaced in accordance with the [2019 Canada Winter Games Long Track Speed Skating Technical Package](#). A skater selected to TEAM BC LT via a bye request will also be required to prove adequate levels of recovery as indicated above.

TEAM BC LT Skater Commitments

- Attend mandatory competitions and camps as per the TEAM BC LT CWG Coaches:
 - **Mandatory attendance at R2RD Team Pursuit Camp on December 10th, 2018, for all skaters who provisionally qualify for TEAM BC LT**
 - **Suggested participation at PGLT Interclub on January 12th, 2019, for practice competing in outdoor conditions**
- Skaters should prepare for the 2019 CWG in their preferred distances and non-preferred

distances. All athletes skate all individual events at the 2019 CWG. Skaters are reminded that TEAM BC's objective is not just to win medals, but also to be awarded the highest number of "Flag Points" for TEAM BC. The first three finishers for BC (in each individual distance) accrue flag points.

- There may be additional costs incurred by athletes such as: transportation and accommodation to and from TEAM BC departure/arrival hub, individual speed skating sport equipment and maintenance of said equipment, health care insurance, personal care products, cell and data plans and potentially TEAM BC camps.