**Fort St John Elks Speed Skating Club**

**2020 BC Long Track Championship**

**and Long Track FUNale**

**Date: January 25 and 26,2020**

**Location: Pomeroy Sport Centre,** 9324 - 96 Street, Fort St. John, BC V1J 6V5

**Sanctions: BCSSA applied and SSC**

**Meet Type:** As per BCSSA Competitions Format Bulletin 2019-2020

**BCLT** – T2T and older (including Masters)

– L2T with 200m seed time of <28.0 sec LT or ST

**Long Track FUNale** – L2T and down (including Active Start)

**Track:** 400m track as per SSC Regulations

**First Aid:** In accordance with BCSSA and SSC Regulations

**Meet Entries:** List of registrants must be sent to meet recorder, **Kari Rae (kari.lee.ann.rae@gmail.com) by 8pm PST Wednesday Jan. 15, 2020**. Meet Entry Coordinators, please rename and use the excel spreadsheet posted on the BCSSA events calendar.

**Entry Fee:** BCLT - $75.00 per skater

FUNale - $40.00 per skater

**Registration:** Friday January 24, at 6:30pm – Pomeroy Centre

**Coaches Meet**: Friday January 24, 7:00pm – Pomeroy Centre

**Olympic Draw**: Friday January 24, to follow coaches meeting

**Schedule:** Friday January 24 practice ice 2pm – 5pm

Race day warm ups begin 8:00 am

Racing to follow warm up and flood 9:00 am

**Protective Gear**: Please ensure skaters have all required protective equipment

**Accommodations:** Stonebridge Hotel (1 block from oval) $99 +TAX CODE: BCLT19 1-888-419-4657

Holiday Inn Express (3 blocks from oval) $129+TAX CODE: BCLT19 1-844-487-7737

Pomeroy Inn & Suites (3 blocks from oval) $129+TAX CODE: BCLT19 1-888-264-3030

Pomeroy Hotel (3 km from oval) $129+TAX CODE: BCLT19 1-866-618-3233

**Banquet**: Please indicate your attendance at the banquet (Saturday Jan. 25th) on the entry form.

Location/Time: Saturday Jan. 25, 6:30pm at Dr. Kearney Middle School - 10723 – 92nd St.

Adult (age 11 and up) $25, Children (6-10) $10, Children 5 and under are free.

**Food:**  Booster Juice and cafeteria onsite.

Chopped Leaf, Saigon Noodles, Quiznos and Tim Hortons are within one block.

**Meet Coordinator:** Katharine North [pkgirlkate@gmail.com](mailto:pkgirlkate@gmail.com)

